

# INFORMATION FOR INDIGENOUS STUDENTS



University  
of Regina

## OUR COMMITMENT

The University of Regina is situated in Treaty 4 Territory with a presence in Treaty 6 Territory. Treaty 4 is the traditional territory of the Cree, Saulteaux, Nakota, Lakota and Dakota peoples, and is the homeland of the Métis people. Indigenous students are welcomed and supported at the University of Regina, and we are committed to Indigenization and reconciliation.

## WHAT TO TAKE

With over 150 undergraduate academic programs across nine undergraduate faculties, we are confident that you will find a program to interest you. Here is a small sampling of the many programs we offer:

- Accounting
- Biology
- Computer Science
- Creative Writing
- Education
- Engineering
- Film Production
- Health Promotion
- Human Justice
- Journalism
- Marketing
- Nursing
- Political Science
- Social Work
- Visual Arts

## INDIGENOUS PROGRAMS

Together with the First Nations University of Canada, we offer Indigenous-focused programs in a variety of disciplines. Some of these include:

- Indigenous Education
- Indigenous Literatures in English
- Indigenous Fine Arts
- Indigenous Health Studies
- Indigenous Languages and Linguistics
- Indigenous Social Work
- Indigenous Studies
- Reconciliation Studies

### We also offer affiliated degree programs such as:

- Saskatchewan Urban Native Education Program (SUNTEP)
- Nunavut Teacher Education Program (YNTEP)



Coming from high school to university was probably the loneliest experience of my life, but I am so glad that I was part of the OMÂ Program. Learning to adult is hard, but it is something we all share in common. Having others in the same circumstance as you is very helpful, especially people whose understanding of the world is similar to yours.

Jamin Mike | 3rd year | English and Indigenous Communication Arts



13%  
Indigenous  
students



39  
Programs with  
Indigenous focus



5  
Indigenous  
languages are  
taught: Cree,  
Dene, Dakota,  
Nakota, Saulteaux



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## ABORIGINAL STUDENT CENTRE (ASC)

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Tansi! Anin! Taanishi! Hello! Find your home away from home at the ASC, a student space on campus that cultivates a respectful and welcoming atmosphere. The ASC is here to encourage student empowerment, identity, community connections, and Indigenous ways of knowing and learning. Our space on the first floor of the Research and Innovation Centre, acts as a central hub for all students on campus, faculty, staff, and community to gather and find a sense of belonging in the larger university environment.

### THE ASC ENCOURAGES:

- Successful transition of Indigenous students into university
- Student retention at the post-secondary level
- Participation at university events
- Successful completion of university education
- Transition into the workplace

Although the main focus of the ASC is on students, all of the campus community is welcome in the Centre, as creating opportunities for intercultural and intergenerational exchange strengthens our campus community.

### NITÔNCIPÂMIN OMÂ (WE ARE HERE) STUDENT SUCCESS PROGRAM (OMA PROGAM)

Are you a first-year Indigenous student? The OMA Program is here to provide first-years with the most supportive learning environment. Within this program, the ASC encourages you to become an academic leader by providing you

with the tools you need to navigate your academic path successfully.

Any first-year Indigenous student in the faculties of Arts, Science, Business Administration or Social Work at the U of R, FNUniv, Campion or Luther campus can apply to participate in this free classroom community program. Seats are limited, so inquire and apply early!

### Why join OMA?

- Connection with other first-year students
- Detailed class material review sessions
- Student Success Workshops
- Priority access to tutors
- Cultural and social programming
- Scholarship opportunities

### NEEKANEEWAK (THEY ARE LEADING) LEADERSHIP INITIATIVE (NLI)

NLI is an Elder based leadership program where you are provided with opportunities to enhance and develop leadership skills through volunteer activities, events, and traditional and cultural ways of knowing. Social gatherings are hosted throughout the academic year as a great way to network and connect with the campus and larger community. Each year, NLI hosts the Neekaneewak Leadership Awards, celebrating Indigenous students who support community through their involvement and engagement in various ways.

Neekaneewak is led by a Leadership Team composed of Elders, student support partners, successful alumni,

senior students and community members who provide culturally relevant programming, mentorship, and support to Indigenous students at the U of R.

### THE 101 ORIENTATION

Are you getting ready for your first year?

Meet New People. Explore Campus Life. Prepare for Success!

The ASC offers the 101: a free one-day orientation to campus for Indigenous students in their first year, or who are transferring to the U of R, FNUniv, Luther or Campion. By attending, you'll have the opportunity to connect with the Elders on campus, find your way around campus prior to the first day of classes, and meet new and returning students before the school year starts. Participating in the 101 is a great way to begin your new adventures in post-secondary!

### ABORIGINAL CAREER CENTRE

Are you looking for career help, or even an internship or summer job? The Aboriginal Career Centre provides programming that supports academic and career related success to Indigenous students. This includes:

- Co-operative Education Program (U of R and FNUniv)
- Full Circle Summer Internship Program
- Job Registry which allows all job postings and events to be sent to your email
- Professional Development Workshops for both the Co-op & Summer Programs
- Resume and Cover Letter Preparation & Critiquing
- Employer Luncheon Series
- Mock Interview sessions

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## FINANCIAL ASSISTANCE

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### BAND FUNDING

Status Indian or Inuit students may be eligible for post-secondary funding through the Post-Secondary Education Support Program. The program offers funding support to students in the following areas:

- Community college, Diploma, or Certificate programs
- Undergraduate programs
- Advanced or professional degree programs

Be sure to contact your post-secondary coordinator to find out more!

### MÉTIS STUDENTS

If you are not eligible for band funding there are additional areas of funding for Métis students. For example, the Gabriel Dumont Institute provides scholarships to Métis students who are Saskatchewan residents and registered as full-time students. You can contact the Gabriel Dumont Institute at: [scholarships@gdi.gdins.org](mailto:scholarships@gdi.gdins.org)

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## SCHOLARSHIPS & BURSARIES

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There are a number of scholarships and bursaries open to all students, in addition to awards specifically for Indigenous Students. Examples include the \$2500 SaskEnergy Aboriginal Scholarship and the \$5000 CIC Aboriginal Bursary.

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## CULTURAL & TRADITIONAL EXPERIENCES

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### CULTURAL CREATIVITY

Need a break from studies? Explore your creative side! The ASC offers regular art-making workshops that are open to all levels of experience. Some workshops include creating and designing ribbon skirts and shirts, moccasins, and beadwork. Workshops are led by a facilitator throughout the fall and winter.

### INTRODUCTION TO POWWOW

Want to learn more about powwow? Offered once a semester, Intro to Powwow features live dance performances, and showcases powwow's spiritual, physical, and cultural benefits. The presenter provides a contextual and historical framework for powwow, exploring its development and organization. The significance and meaning behind the dances, in addition to the different elements of the regalia

are also explored. Anyone interested in learning more about powwow is welcome to attend.

### GLEN ANAQUOD ANNUAL MEMORIAL TIPI RAISING COMPETITION

Each September, the ASC students and staff invite the university campus community to compete in the Glen Anaquod Annual Memorial Tipi Raising Competition. This fun-filled event provides hands on cultural teaching, emphasizing the importance of the tipi culturally, educationally and in the spirit of teamwork. No tipi raising experience is necessary; everyone is welcome!

Please check the events calendar for upcoming sessions here: <https://www.uregina.ca/student/asc/events/calendar.html>

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## FIRST NATIONS UNIVERSITY OF CANADA

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Another option for you is the First Nations University of Canada (FNUUniv). We have tailored our Federated College experience to ensure student success and acculturation into Indigenous values, history and lifestyle. All three of our campuses, Regina, Saskatoon, and Prince Albert, provide access to student services.

On the community side, we host events yearly with the students' association to ensure that you feel welcome and part of the larger FNUUniv experience. These events include Orientation, Welcome Week, celebrating holidays, and Winter Solstice activities.

On the academic side, there is tutoring available in the fields of math, science, and Indigenous languages. We have writing clinics that can help with editing papers or offer tips to improve writing skills.

On the personal side, we have access to Elder services and ceremonies so you can participate in building your mental and emotional well-being while strengthening your core values. Our students also have access to counselling services at the U of R.



“ The transition to university is definitely hard, **but you can do it.** I appreciate the people and resources at the ASC. I wouldn't be in school if it weren't for them. **I would advise new students to ask for help** and reach out to the services on campus. ”

Morgan Esperance | 3rd year | Indigenous Communication Arts

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## NEED HELP APPLYING? WANT TO DISCUSS YOUR POST-SECONDARY OPTIONS? CONTACT US!

### Indigenous Enrolment Counsellor - Callie Morris

Tel: (306) 585-4591 or 1-800-644-4756  
Email: [Callie.Morris@uregina.ca](mailto:Callie.Morris@uregina.ca)  
[urconnected.uregina.ca](http://urconnected.uregina.ca)

### First Nations University of Canada

Tel: (306) 790-5950 or 1-800-267-6303  
Email: [info@fnuniv.ca](mailto:info@fnuniv.ca)  
[www.fnuniv.ca](http://www.fnuniv.ca)



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## ADMISSION INFORMATION

### UNDERGRADUATE ADMISSION

**1** Submit Application for Undergraduate Admission



**2** Pay the Application Fee of \$100



**3** Submit Transcripts



### HIGH SCHOOL

If you are still in high school or have just recently completed high school, you need to submit your high school transcript. It is important to make sure you have taken the right high school classes needed for the faculty of your choice. To learn more, refer to our website: [urconnected.uregina.ca](http://urconnected.uregina.ca).

### MATURE ADMISSION

You might be considered a mature student if you meet any of the following criteria:

- Have completed fewer than 24 credit hours of approved post-secondary courses
- Are a Canadian citizen or permanent resident
- Will be at least 21 years of age before the start of the semester

To learn more about admission documents for mature students, please visit our website: [urconnected.uregina.ca](http://urconnected.uregina.ca). If you are being band-funded, please check with your post-secondary coordinator about having your application fee covered. You may request a deferral of the application fee by contacting Enrolment Services at [enrolment.services@uregina.ca](mailto:enrolment.services@uregina.ca).

### KNOWLEDGE KEEPERS

Sit with, learn from and be guided by on-campus Elders. Students also have access to a Cultural Advisory room to smudge and seek one-on-one counsel.



## PLACES TO LIVE

Experience university to the fullest by choosing on-campus housing options. By choosing on-campus housing, you will belong to a supportive community and enjoy a variety of activities and cultural events. With five different buildings, and room configurations ranging from shared dorms up to 8-person apartments, you will find a number of options to meet your living preferences. With amenity spaces such as tv lounges, community kitchens, music rooms, study lounges, and smudging rooms for your use, life on campus offers you much more than just a place to live!

### NEEKANEEWAK LIVING LEARNING COMMUNITY

At the University of Regina, you have the option to choose from 10 different living-learning communities (LLCs) when living on-campus. The Neekaneewak LLC is a partnership with the Aboriginal Student Centre and might be a great choice for you! Some of the things that you will get to take advantage of include:

- Mentorship
- Cultural events
- Academic programming
- Leadership development opportunities to engage with community, both on and off campus

### INDIGENOUS HOUSING AWARD

Living in campus housing is a great way to make friends, live in your own space, and enjoy easy access to your classrooms. Join us on campus and apply for one of our Indigenous Housing Awards valued at \$1500 – to learn more visit: [https://www.uregina.ca/safa/awards/entrance\\_apply.html](https://www.uregina.ca/safa/awards/entrance_apply.html).

### NEEKANEEWAK LLC QUICK FACTS

**SPACES AVAILABLE**  
32 student spaces

**LOCATION**  
College West

**ROOM TYPES**  
6-bedroom apartments

**FOOD OPTIONS**  
Shared kitchens or dining plan options

**OPEN TO**  
All U of R Housing residents

For further information or to apply for housing please contact:

**Housing.Services@uregina.ca** or visit [www.uregina.ca/housing](http://www.uregina.ca/housing)

### OFF-CAMPUS HOUSING

While living on campus offers many benefits, if you feel it is not the right fit for you there are several off-campus housing options available in Regina including:

- **Regina Housing Authority**  
[www.reginahousing.ca](http://www.reginahousing.ca)
- **Namerind**  
[www.namerindhousing.ca](http://www.namerindhousing.ca)
- **Silver Sage Housing Corporation:**  
[www.silversage.ca](http://www.silversage.ca)
- **Ehrlo Housing**  
[www.ehrlo.com/community-services/ehrlo-housing/](http://www.ehrlo.com/community-services/ehrlo-housing/)



2017-18 OMÁ cohort